

California Home Care Training Regulations

Non-Medical Care Professionals in Home Care – Private

Link to regulation: [California Regulations](#)

Initial Training Requirements:

Activated Insights **does** meet the training requirements.

- Non-Medical Care Professionals must complete a **minimum of 5 hours** of entry-level training before providing any home care services or being present with a client.
- Activated Insights recommends the [8-Hour Caregiver Certification Series](#)

California Requirement:	Activated Insights Course Recommendations:
2 hours of orientation training regarding the role of the caregiver and terms of employment.	HCP's 8-Hour Caregiver Certification Series <ul style="list-style-type: none"> • Note: Terms of employment must be provided by the agency. • For further information on the regulatory requirements, visit the California Department of Social Services Home Care Services page.
3 hours of safety training, including basic safety precautions, emergency procedures, and infection control.	

Ongoing Training Requirements:

Activated Insights **does** meet the training requirements.

- Non-Medical Care Professionals must complete at least **5 hours** of annual or ongoing training that is population-specific and related to core competencies.
- Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).

California Requirement:	Activated Insights Course Recommendations:
Clients' rights and safety.	<ul style="list-style-type: none"> • Bill of Rights
How to provide for and respond to a client's daily living needs.	<ul style="list-style-type: none"> • The Role of a Caregiver
How to report, prevent, and detect abuse and neglect.	<ul style="list-style-type: none"> • Understanding Abuse • Understanding Neglect
How to assist a client with personal hygiene and other home care services.	<ul style="list-style-type: none"> • Bathing Tips
If transportation services are provided, how to safely transport a client.	<ul style="list-style-type: none"> • Transportation Safety

Home Health Aides

Link to regulation: [Title 42-Chapter IV- Sub G -Part 484- Subpart B](#)

Initial Certification Training Requirements:

Activated Insights **does not** meet training requirements.

- [CDPH](#) requires home health aides to complete **120 hours** of initial training from an **approved training school/program**.
- There are two ways in which to obtain a home health aide certificate:
 - Completing a **120-hour** home health aide (HHA) certification program. This includes **65 hours** of classroom instruction and **55 hours** of supervised clinical training.
 - Completing a **160-hour** Certified Nursing Assistant (CNA) certification, then completing a **40-hour** HHA training program. The additional **40-hour** HHA training program includes 20 hours of classroom instruction and **20 hours** of supervised clinical training.

Ongoing State Training Requirements:

Activated Insights **does** meet the training requirements.

- Home health aides must complete 12 hours of in-service training per year. This training is part of the requirement to ensure HHAs maintain and update their skills and knowledge.
- **The California Department of Public Health (CDPH) does not allow the required in-service training hours to be completed online; they must be done through instructor-led courses.**
- Activated Insights offers instructor-led training courses to meet the 12-hour training requirement.
- Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).
- You may also view our [Building a Home Health Foundation Course List](#).

Certified Nursing Assistant

Link to regulation: [Title 42-Chapter IV- Sub G -Part 484- Subpart B](#)

Initial Certification Training Requirements:

Activated Insights **does not** meet training requirements.

- [CDPH](#) requires CNAs to complete initial training from an **approved training school/program**.

Ongoing State Training Requirements:

Activated Insights **does** meet the training requirements.

- The CNA must successfully obtain and submit documentation of **48-hours** of In-Service Training/CEUs within their most recent certification period.
 - A minimum of **12 of the 48 hours** must be completed in each year of the two (2) year certification period.
 - A maximum of **24 of the 48 hours** may be obtained only through a CDPH-approved online computer training program.
- **ACTIVATED Insights is a CDPH-approved online training vendor.**
 - A list of HCP's CDPH-approved courses can be found in the pdf: [CDPH Course List](#).

Hospice Aides- Certified Nursing Assistants also referred to as HHA.

Link to regulation: [eCFR: 42 CFR Part 418 -- Hospice Care](#)

Initial Training Requirements:

Activated Insights **does not** meet training requirements.

Federal Requirements:

- Hospice Aide training must be provided by an **approved training school/program**.
- Please note, sometimes Hospice Aides are locally referred to as “Home Health Aides” or “Certified Nursing Assistants.”

California State Requirements:

- Complete a **state-approved nurse assistant training program**, which includes at least **75 hours** of training (a combination of classroom instruction and clinical practice).
- **Pass the California Nurse Assistant Competency Examination** to become certified as a CNA by the California Department of Public Health (CDPH).

Ongoing Training Requirements:

Activated Insights **does** meet the training requirements.

Federal Requirements:

- A hospice aide must receive at least **12 hours** of in-service training during each 12-month period. In-service training may occur while an aide is furnishing care to a patient.

California State Requirements:

- Complete a total of **48 hours** of continuing education every two years, averaging 24 hours per year.
- Continuing education must cover various topics relevant to patient care, including infection control, patient rights, communication skills, and hospice-specific care practices.
- Please see our [Hospice Courses for Caregivers](#) in addition you may see our [online catalog](#) or download a [PDF catalog](#).